

SEDATION PRE-OP INSTRUCTIONS

1. You may not have anything to eat or drink (including water) for **EIGHT** (8) hours prior to the appointment.
2. A responsible adult must accompany you to the office, remain in the office **DURING*** the procedure, and drive you home.
*No cabs, Uber or Lyft. Failure to arrive with an adult escort will result in rescheduling of your surgery
3. You should not drive a vehicle or operate any machinery for 24 hours following the anesthesia experience.
4. Please wear loose fitting clothing with **SHORT SLEEVES** and low-heeled shoes.
5. Contact lenses, jewelry, dentures and piercings (tongue ring, lip ring) must be removed **PRIOR** to the time of surgery.
6. Do not wear lipstick, makeup, or nail polish on the day of surgery.
7. If you have an illness such as a cold, sore throat, stomach or bowel upset, please notify the office prior to surgery date.
8. If you take routine oral medications, please confirm if you should hold any medications. In most cases you will take your medications as you normally do.
9. Please **PARK IN THE PARKING GARAGE** underneath our building on the day of surgery. Note: You do not have to pay for parking and any spot is fine to park in.
10. On the day of surgery please leave all phones with escorts. **NO RECORDING DEVICES** (smartphones) are permitted in the surgical suite at any time, while in our office.